

Dr. Zeinab Mahboobi

DDS.

PhD. at Oral Health and Community Dentistry

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❖ Academic position:

- 2021- until now (2024): Assistant professor, Department of Oral Health and Community Dentistry, Faculty of Dentistry, Tabriz University of Medical Sciences

❖ Educational background:

- 2016-2021: Chief resident & postgraduate student of Oral Health and Community Dentistry, School of Dentistry, Tehran University of Medical Sciences
- 1996-2002: Undergraduate dental student, Faculty of Dentistry, Tabriz University of Medical Sciences

❖ Teaching Responsibilities:

- Department of Oral Health and Community Dentistry (undergraduate course)
- 2021- until now (2024): Present Theory and Practice,
 - ✓ Series of Lectures: Health definition, Determinants of Health, Oral and dental Indices, Diet and oral health, Epidemiology of dental caries, Prevention of oral hard and soft tissue diseases, Conservative dentistry, Health economy, Clinical Governance, Health System of Iran.
 - ✓ Instructor: Oral disease Screening, Oral hygiene, Diet Counseling in oral health, Oral and Dental Indices, Fluoride therapy, Fissure sealant therapy.
- Public health department of the Faculty of Health (undergraduate course):
 - ✓ Oral hygiene (Theory and Practice)

❖ Research interests:

- Social Determinants of Dental caries
- Dietary pattern and Dental caries
- Diseases and Dental caries

❖ Publications:

○ Articles:

- ✓ **Mahboobi Z**, Pakdaman A, Yazdani R, Azadbakht L, Shamshiri AR, Babaei A. Caries incidence of the first permanent molars according to the Caries Assessment Spectrum and Treatment (CAST) index and its determinants in children: a cohort study. *BMC Oral Health*. 2021; 21(1):1-10.
- ✓ **Mahboobi Z**, Pakdaman A, Yazdani R, Azadbakht L, Montazeri A. Dietary Free Sugar and dental caries in children: a systematic review on longitudinal studies. *Health Promotion Perspective*. 2021; 11(3):271.
- ✓ Hefzollesan S, Sharififard N, **Mahboobi Z**, Faramarzi E. Relationship between DMFT index and reproductive history-a cross-sectional study on enrollment phase of Azar cohort study. *BMC Oral Health*. 22 (1), 1-8.
- ✓ **Mahboobi Z**, Jalili asl A, Sharififard N, Faramarzi E, Ghavamlaleh Y. Association between gastroesophageal reflux disease and dental caries among adults in the Azar cohort population: A cross-sectional study. *PloS one*. 18 (8), e0289802.

○ Abstracts:

Oral Presentation:

- ✓ **Mahboobi Z**, Pakdaman A, Yazdani R. Determinants of caries progression among children using the CAST index. *15th Annual congress of Iranian Division of IADR*. December 25-27, 2019, at Islamic Azad University, Tehran, Iran.

Poster presentation:

- ✓ **Mahboobi Z**, Pakdaman A. Diet and dental caries in school children: a review on the evidence and assessment tools. *13th Annual congress of Iranian Division of IADR*. January 10-12, 2018, at Shahid Beheshti School of Dentistry, Tehran, Iran.

- ✓ **Mahboobi Z**, Pakdaman A. A review of the available evidence on the relationship between the *sugars intake and dental caries*. *Third National congress of Oral health and Epidemiology*. March 2016. Tehran, Iran.
- ✓ **Mahboobi Z**, Pakdaman A, Yazdani R. Survey of common snacks among 9-10-year-old elementary school children in Tehran in 2018. *Fourth National Congress of Oral Health and Community Dentistry*. December 7-8, 2018. Mashhad, Iran.

❖ **Professional memberships:**

- ✓ Member of the Oral Health Committee of the *Iranian Dental Association (IDA)*.
- ✓ Member of Iranian Association of Oral Health and Community Dentistry.
- ✓ Member of the *Social Accountability and Educational Equity work-group* of Tabriz University of Medical Sciences.
- ✓ Member of the Supervisory Council of Scientific Associations of Dental Students of Faculty of Dentistry, Tabriz University of Medical Sciences.

❖ **Awards:**

- ✓ Top Academic Consultant Professor of Tabriz University of Medical Sciences in *Motahari Festival 1402*.